REFOCUS

WRITE THE NEXT CHAPTER
OF YOUR LIFE

RHAPSODY
STRATEGIES
SOMETIMES WE CHOOSE TO CHANGE AND SOMETIMES CHANGE Chooses US

There are moments for each of us when we need to decide what’s next in our career and our life.
Sometimes it’s because our role at an organization has come to an end. Sometimes it’s because we know that something has to change.

A PATH UNIQUELY YOUR OWN

You have unique strengths and talents and when you put them in motion, you have a powerful impact on the world around you. These are likely things you enjoy doing, and you’ve probably noticed that people respond well to you when you do them. These are things you likely gravitate toward naturally and that people respect/recognize you for.
Focusing your energies on these strengths and talents, and developing them to their full potential, will make a great contribution to the world around you.
The personal and professional satisfaction you experience will likely be unmatched.

DO WHAT YOU WERE MEANT TO DO

Discovering what you’re meant to do is a journey. It starts with discovering the core “you” — the person behind your public image and the demands and stresses of everyday life.
Knowing who that really is requires that you take a deep, honest look at your personal and professional goals and dreams.
Remember, your job, career or business is a vehicle to help you get what you want out of life. It’s essential that you start this journey focused on who you are and what you want.

THE REFOCUS PROCESS

There is no one-size-fits-all solution when it comes to defining the trajectory of your career and your life. We work closely with you to define a process that will respond to your specific situation.
Using advanced assessment tools, powerful questions, and structured methodologies, we’ll help you gain a frank and honest understanding of yourself and how you show up in the world.
We’ll help you connect to what is most important to you and link that to your unique strengths and talents. Together, we will help you define your path forward and create an Action Plan to start moving right away.

WHO IS THIS FOR?

ReFocus meets the unique needs of leaders in transition.

• When You’re Leaving a Role — All things come to an end and ultimately, everyone leaves. ReFocus provides support for leaders who are leaving the organization.
• When You Find Yourself at a Commitment Decision — There are times when we need to make a decision to either commit fully to an organization or leave. ReFocus helps you make this decision with confidence.
• When You Sense It’s Time For a Change, But Aren’t Sure What To Do Next — There are times when some part of you has been speaking for a long time. It often starts as a quiet voice but becomes louder over time until we can’t ignore it. A voice that’s telling you that the cost of going down the road you’re on is too high, and that it’s time to find a better path.

For all of us, there are moments when we stand in the face of change and need to decide what to do next. If this is your moment, we’re ready to help.